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## **THINK POSITIVE!!!**

‘Optimism’ – A Key to the Goal

Positive thinking or optimism is a must to live life to its fullest and adore the world for its enchanting and breathtaking beauty.

The generation today, faces a race against time and undergoes cut throat competition. Anxiety, stress and anger have become a part and parcel of lives. Thinking positive is the major solution to these obstacles & hurdles in life. Optimism implies believing in oneself and a healthy approach to situations. It stresses upon self confidence (rather than our confidence) and a holistic view of life.

For example, positive attitude nudges us to see the glass as half full and not half empty (though both mean the same).

A famous politician had once rightly said that a knife could be used both as a weapon and as a kitchen instrument.

Why think positive?

- Positive thinking helps you to notice the brighter side of any circumstance.
- It highlights the opportunities for success and joy
- It boosts self-confidence
- It lessens anxiety & stress, which are the most common causes of health diseases
- It makes the road to success less troublesome.

.....and the list continues

How do I begin to think positive?

Optimism like any other trait or character is a part of an individual personality and cannot possibly spring into action in a fort night.

It has to be developed gradually and requires immense control of the mind. The mind has to be instructed to set the joyous side than the one in depression.

There is a famous quote, which says:-

“You tell me about your friends and I’ll tell you how you are”

The message conveyed by the above quote is that – the way you behave is influenced by the company in which you are.

So, to develop a positive attitude it is necessary (to some extent) to have a social circle verberating an optimistic aura.

Reading books, listening to music having positive energy, meditation and last but not the least, admiring the evergreen beauty around us are some of the ways which help us in being positive.

Thus, I would like to sign off by quoting that:

“Nothing is good or bad, thinking makes it so”. – William Shakespeare

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### **What you want to do for your country**

Doing something for country doesn't always mean sacrificing our lives, but what it has to do with is profiting our nation. This can be done in numerous ways with my interest tending towards core programming. I wish to benefit my country with aided security over cyber crime. The world's best programmers are found in China but unfortunately they are using their work in peeping into many nation's Government sites. In the present time it may not seem as vulnerable as I can see. But it is surely going to be a huge disaster. India has been growing at a very healthy rate, so the hackers all over the world are targeting our land. There are cyber laws in our constitution still Chinese have chance to get through. Hence, I want to make some security system which deprives Chinese of finding the bugs in our portals. To deal with hackers is not a big job, because we have to attack them with their own technologies. The main language to work with is Machine Language (assembly) which comes handy when we try decrypting any file or checking the worms. If India rises above in security system, it would automatically solve many other problems. These days terrorist attacks are increasing in all directions. But our security systems are not that capable of filtering out terrorist and their attacks. By those systems we would be able to link with terrorist camps by catching their frequency uncoding their messages. Some years ago, we got the news that someone entered our army system illegally. The entry checks are too backward as compared with other countries. This is what I am thinking of doing for my nation. Because how big IT sector we become, we will be still lacking in IT without these advancements. Ankit Fadia, a renowned ethical hacker has been the present hope for our country. Our country seriously needs many more like these. We are just taught to program not how to exploit it. This is why Indians lag behind in this area. Knowing the negative side of anything makes us conceptually or practically sound in that subject. Apart from these, I would like to work upon artificial intelligence. If this technology somehow comes up with every function, then it would be a big boon for our country, we can all imagine the growth of our country with automated systems. The work load on our fellow countrymen will decrease and subsequently we can apply our brains in other needed fields, rather than wasting it for routine work. If we are successful in making these, then certainly we would be having an upper hand in technologies and that might solve poverty & other money-related problems.

However, all these are far-fetched. They are just my imaginations which I hope gets true some day. If our education system had been telling the exploitation applications, I may not be doing so.

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### **My First Experiment**

When I was in class IX, our entire class went to the Biology Lab for our first experiment. The aim of my first experiment was to prepare a stained mount of stomata cell and make its observation under the compound microscope.

Firstly, I was introduced to all the different type of things by the lab attendant. After that I was ready and very excited for doing this interesting experiment. I took all the required apparatus and started my very first experiment.

Firstly I took a leaf and then took out a small thin sheet type of structure (a leaf peel). After that I dipped it in water and then after some time took it out. Then, I put that peel on the slide and stained it with a dye named Safranin. Then, in order to prevent it from drying I added glycerine to it. Then, I put a coverslip over that. At that point of time I was very happy because my slide was ready for the final view. The other reason for my happiness was that I was the first one who had completed that in a very short duration. After viewing that slide our Biology teacher said that the finest slide was made by me!

Undoubtedly, the experience of my first experiment was great. Firstly, I learnt a lot of things from the experiment and most importantly I was appreciated by my subject teacher. My experience was good because I had a lot of fun there with my classmates but we all had done that after completing the experiment.

As I had done this experiment nicely so till now I don't face any problem in solving the questions related to this topic.

My first experiment was nice, good, interesting, easy, understandable and a very enjoyable one. I had never shown such perfection in any other experiment. That day is one of the most memorable days of my life. I will never forget that day as it was one of the luckiest day for me.

After this wonderful experience, I hope that I will have much better experience in future in different aspects of life and will be much more appreciated by my teachers.